



Neck pain often accompanies dizziness, but it may be difficult to tell whether the dizziness and the neck pain are related or just coincidental. Cervicogenic dizziness is diagnosed when all other causes of dizziness have been ruled out and they have sustained a neck injury. Cervicogenic dizziness often occurs as a result of whiplash or head injury and is often seen in conjunction with brain injury or injury to the inner ear.

How is Cervicogenic Dizziness diagnosed?

There is no definite test to diagnose cervicogenic dizziness. Typically, other problems such as inner ear and brain disorders are ruled out. A detailed history and comprehensive clinical examination will be performed including oculomotor exam, posture assessment, segmental mobility of the cervical spine, and palpation.

How is Cervicogenic Dizziness treated?

Intervention is individualized for each case. The use of vestibular therapy and manual treatment techniques may be used as well as a variety of eye fixation or tracking exercises.

